

# Ways to Seek Help

The Book of Esther tells of a woman who accepts the challenge to save her people. She and her uncle, Mordecai, use persistence and supplication to reach this goal.

In the examples that follow, decide if they are acts of *persistence* or *supplication*. Write the correct term on the line after each statement

- \_\_\_\_\_ humbly and earnestly asking for help
- \_\_\_\_\_ continually pursuing something in the face of obstacles
- \_\_\_\_\_ Mordecai implored a number of times for Esther to help her people, even though it would be dangerous for her to do so.
- \_\_\_\_\_ Esther prayed that God would guide her in persuading the king to spare the lives of the Jews.
- \_\_\_\_\_ Esther appeared before the king and asked him to spare the lives of all Jews, including herself.

From your own life experience, give an example of each type of prayer that you have prayed.

## Persistence

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## Supplication

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|---------------------------|--|
| _____ <b>supplication</b> | humbly and earnestly asking for help   |
| _____ <b>persistence</b>  | continually pursuing something in the face of obstacles  |
| _____ <b>persistence</b>  | Mordecai implored a number of times for Esther to help her people, even though it would be dangerous for her to do so. |
| _____ <b>supplication</b> | Esther prayed that God would guide her in persuading the king to spare the lives of the Jews.                          |
| _____ <b>supplication</b> | Esther appeared before the king and asked him to spare the lives of all Jews, including herself.                       |

From your own life experience, give an example of each type of prayer that you have prayed.

**Persistence**

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**Supplication**

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**Parents, Catechists, Teachers:** Our own prayers should follow the example of Esther and Mordecai. God encourages us to ask for help. We are called to trust in God's power and goodness and persist in prayer, even when answers do not seem forthcoming. Discuss the examples your child has shared about prayer experiences.