Spiritual Healing

The sacraments help us spiritually in many ways. Baptism and Reconciliation help us to follow Jesus Christ and prepare for his second coming.

Complete the sentences and solve the puzzle.

ACROSS:

1. John the Baptizer called for people to “________REPENT________.”

5. We are sealed with the gift of the Holy Spirit at __CONFIRMATION__. 

9. We receive the sacraments of __BAPTISM__ and Confirmation only once.

10. Matrimony and Holy Orders are sacraments at the service of __COMMUNION__.

DOWN:

1. We are to receive the sacrament of RECONCILIATION at least once a year.

2. Another name for Reconciliation is __PENANCE__.

3. We prepare for the __FINAL__ judgment at the end time.

4. Baptism, Confirmation, and Eucharist are sacraments of __INITIATION__.

6. We are grateful that God’s __MERCY__ brings us reconciliation.

7. We examine our conscience before we __CONFESS__ our sins.

8. Anointing of the Sick and Reconciliation are sacraments of __HEALING__.

Parents, Catechists, Teachers: When we sin, we have the sacraments to help us reconcile with God’s community. Discuss the importance of confessing sins. Refer to page 242 or 366 in your youth’s book to review steps to Reconciliation.