

Chapter  
**5**

# Slavery and Deliverance

### Learning Focus

This chapter will help the young people

1. learn about the role of Moses in rescuing the Israelites from captivity in Egypt.
2. understand why the Exodus was so important to the Israelites.
3. realize that Jesus' death and Resurrection freed us from sin and gave us everlasting life.

### Faith Words

Exodus  
Yahweh  
promised land

### Self-Evaluation

This session was

- one of the best
- pretty good
- in need of improvement

What worked out best was

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For next time I would change

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I will be sure to prepare for

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Teaching Steps	Materials	Multimedia Resources
<b>Share</b> 15 minutes (p. 69)		
 <ul style="list-style-type: none"> <li>• Pray the Scripture verse</li> <li>• Read the text and discuss personal experiences</li> <li>• Complete the photograph interpretation activity.</li> </ul> <p><b>Additional Activity</b></p> <ul style="list-style-type: none"> <li>• Empathize with others.</li> </ul>	<ul style="list-style-type: none"> <li>• materials for Prayer Corner (p. 66C) or see <u>Prayer Corner</u></li> <li>• pens or pencils</li> </ul> <p><b>Activity Master 5a</b> See Catechist Guide, p. 66D.</p>	<p><b>Books</b></p> <ul style="list-style-type: none"> <li>• <i>Exodus</i> Brian Wildsmith (Eerdman's Books for Young Readers, 1999)</li> </ul>
<b>Hear &amp; Believe</b> 25 minutes (pp. 70–71)		
 <ul style="list-style-type: none"> <li>• Discuss the illustration.</li> <li>• Read and discuss the Scripture story about the Exodus.</li> <li>• Teach the doctrine in “Our Church Teaches.”</li> <li>• Discuss We Believe and review the Faith Words.</li> </ul> <p><b>Additional Activity</b></p> <ul style="list-style-type: none"> <li>• Write about rejection.</li> </ul>	<ul style="list-style-type: none"> <li>• Bibles (at least one for every two young people)</li> </ul> <p><b>Additional Activity</b></p> <ul style="list-style-type: none"> <li>• paper</li> <li>• crayons or markers</li> </ul>	<p><b>Videos</b></p> <ul style="list-style-type: none"> <li>• <i>Africa Close Up: Egypt and Tanzania</i> (28 min.) (“Children of the Earth” series; Maryknoll World Productions)</li> </ul>
<b>Respond</b> 20 minutes (pp. 72–74)		
 <ul style="list-style-type: none"> <li>• Read about and discuss African American spirituals.</li> <li>• Read or sing the spiritual.</li> <li>• Read the “Did You Know...” text.</li> <li>• Do the activity.</li> <li>• Pray “A Prayer of Praise.”</li> </ul> <p><b>Additional Activity</b></p> <ul style="list-style-type: none"> <li>• Write spirituals.</li> </ul>	<ul style="list-style-type: none"> <li>• CD player</li> </ul> <p><b>Additional Activity</b></p> <ul style="list-style-type: none"> <li>• writing paper</li> </ul> <p><b>Activity Master 5b</b> See Catechist Guide, p. 67.</p>	<p><b>Music</b></p> <ul style="list-style-type: none"> <li>• “Wade in the Water” (Unit 2 song, page 66)</li> <li>• *BLEST ARE WE music CD 6, track 3</li> <li>• *BLEST ARE WE Song Book #29</li> <li>• *<i>Gather Comprehensive II Hymnal #793</i></li> <li>• “Exodus 15: Song at the Sea” Niamh O’Kelly-Fischer</li> <li>• *<i>Gather Comprehensive II Hymnal #80</i></li> <li>• “Go Down, Moses” African American spiritual</li> <li>• <i>Lead Me, Guide Me Hymnal (GIA)</i></li> </ul>

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- Complete the **Chapter Review**, p. 75.
- Complete **Faith in Action** — Parish Ministry: Parish Support Groups, p. 76.
- Distribute the **Take Home Family Time** pages for the next chapter.

Chapter  
**6**

# Passover and Eucharist Celebration

### Learning Focus

This chapter will help the young people

1. learn the importance of the Mass of the Lord's Supper on Holy Thursday.
2. understand connections between the Passover and Jesus' death, Resurrection, and Ascension.
3. understand how the Church celebrates the Paschal Mystery.

### Faith Words

liturgical year  
Passover  
Paschal Mystery

### Self-Evaluation

This session was

- one of the best
- pretty good
- in need of improvement

What worked out best was

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For next time I would change

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I will be sure to prepare for




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Teaching Steps	Materials	Multimedia Resources
<b>Share</b> 15 minutes (p. 79)		
 <ul style="list-style-type: none"> <li>• Pray the opening prayer.</li> <li>• Read the text and discuss personal experiences.</li> <li>• Complete the identification of celebrations activity.</li> </ul> <p><b>Additional Activity</b></p> <ul style="list-style-type: none"> <li>• Identify Passover symbols.</li> </ul>	<ul style="list-style-type: none"> <li>• materials for Prayer Corner (p. 76C) or see <u>Prayer Corner</u></li> <li>• pens or pencils</li> </ul> <p><b>Activity Master 6a</b> See Catechist Guide, p. 76D.</p>	<p><b>Books</b></p> <ul style="list-style-type: none"> <li>• <i>In God's Name</i> Sandy Eisenberg Sasso (Jewish Lights Publishing, 1994)</li> </ul>
<b>Hear &amp; Believe</b> 25 minutes (pp. 80–81)		
 <ul style="list-style-type: none"> <li>• Discuss the photograph.</li> <li>• Read and discuss the text for the Holy Thursday liturgy.</li> <li>• Teach the doctrine in "Our Church Teaches."</li> <li>• Discuss We Believe and review the Faith Words.</li> </ul> <p><b>Additional Activity</b></p> <ul style="list-style-type: none"> <li>• Make spiritual menus.</li> </ul>	<ul style="list-style-type: none"> <li>• Bibles (at least one for every two young people)</li> <li>• DVD player</li> <li>• TV monitor</li> </ul> <p><b>Additional Activity</b></p> <ul style="list-style-type: none"> <li>• white drawing paper</li> <li>• markers or colored pencils</li> </ul>	<p><b>Videos</b></p> <ul style="list-style-type: none"> <li>• *DVD <i>Quick Clips</i> 6, Segment 4, "The Seder"</li> <li>• <i>Moses and Pharaoh</i> (30 min.) ("In the Beginning" series; CCC of America)</li> </ul>
<b>Respond</b> 20 minutes (pp. 82–84)		
 <ul style="list-style-type: none"> <li>• Discuss the photograph.</li> <li>• Read and discuss the text about Pope Benedict XVI.</li> <li>• Do the activities.</li> <li>• Pray "A Prayer of Blessing:"</li> </ul> <p><b>Additional Activity</b></p> <ul style="list-style-type: none"> <li>• Be collaborators of the truth.</li> </ul>	<ul style="list-style-type: none"> <li>• CD player</li> </ul> <p><b>Additional Activity</b></p> <ul style="list-style-type: none"> <li>• white drawing paper</li> <li>• crayons or markers</li> </ul> <p><b>Activity Master 6b</b> See Catechist Guide, p. 77.</p>	<p><b>Music</b></p> <ul style="list-style-type: none"> <li>• "Wade in the Water" (Unit 2 song, page 66)</li> <li>• *BLEST ARE WE music CD 6, track 3</li> <li>• *BLEST ARE WE <i>Song Book</i> #29</li> <li>• *<i>Gather Comprehensive II</i> Hymnal #793</li> <li>• "Psalm 116"</li> <li>• *<i>Gather Comprehensive II</i> Hymnal #61–63</li> </ul>

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- Complete the **Chapter Review**, p. 85.
- Complete **Faith in Action** — Parish Ministry: Extraordinary Ministers of Holy Communion, p. 86.
- Distribute the **Take Home Family Time** pages for the next chapter.

Chapter  
**7**

# Commandment and Fulfillment

### Learning Focus

This chapter will help the young people

1. learn why God gave Moses the Ten Commandments.
2. understand why the Ten Commandments express the way we all want to live.
3. recognize that God fulfilled the covenant by sending Jesus Christ.

### Faith Words

ark of the covenant  
manna

### Self-Evaluation

This session was

- one of the best
- pretty good
- in need of improvement

What worked out best was

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For next time I would change

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I will be sure to prepare for

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Teaching Steps	Materials	Multimedia Resources
<b>Share</b> 15 minutes (p. 89)		
 <ul style="list-style-type: none"> <li>• Pray the Scripture verse.</li> <li>• Read the text and discuss personal experiences.</li> <li>• Do the chart-completion activity.</li> </ul> <p><b>Additional Activity</b></p> <ul style="list-style-type: none"> <li>• Discuss the beach rules sign.</li> </ul>	<ul style="list-style-type: none"> <li>• materials for Prayer Corner (p. 86C) or see <u>Prayer Corner</u></li> <li>• pens or pencils</li> </ul> <p><b>Activity Master 7a</b> See Catechist Guide, p. 86D.</p>	<p><b>Books</b></p> <ul style="list-style-type: none"> <li>• <i>The Rumor</i> Carol Gorman (“I Witness” series; Concordia Publishing Co., 1994)</li> </ul>
<b>Hear &amp; Believe</b> 25 minutes (pp. 90–91)		
 <ul style="list-style-type: none"> <li>• Discuss the illustration.</li> <li>• Read and discuss the Scripture story about the covenant at Sinai.</li> <li>• Teach the doctrine in “Our Church Teaches.”</li> <li>• Discuss We Believe and review the Faith Words.</li> </ul> <p><b>Additional Activity</b></p> <ul style="list-style-type: none"> <li>• Identify ways to honor the Commandments.</li> </ul>	<ul style="list-style-type: none"> <li>• Bibles (at least one for every two young people)</li> </ul> <p><b>Additional Activity</b></p> <ul style="list-style-type: none"> <li>• note paper</li> </ul>	<p><b>Videos</b></p> <ul style="list-style-type: none"> <li>• <i>The Exodus</i> (30 min.) (“In the Beginning” series; CCC of America)</li> </ul>
<b>Respond</b> 20 minutes (pp. 92–94)		
 <ul style="list-style-type: none"> <li>• Discuss the illustration and the photograph.</li> <li>• Read and discuss the story about Saint Teresa of Ávila.</li> <li>• Do the activity.</li> <li>• Pray with Scripture.</li> </ul> <p><b>Additional Activity</b></p> <ul style="list-style-type: none"> <li>• Learn ways to live the Ten Commandments.</li> </ul>	<ul style="list-style-type: none"> <li>• CD player</li> </ul> <p><b>Activity Master 7b</b> See Catechist Guide, p. 87.</p>	<p><b>Music</b></p> <ul style="list-style-type: none"> <li>• “Wade in the Water” (Unit 2 song, page 66) *BLEST ARE WE music CD 6, track 3 *BLEST ARE WE Song Book #29 *Gather Comprehensive II Hymnal #793</li> <li>• Instrumental tracks *BLEST ARE WE music CD 6, tracks 10–15</li> <li>• Meditation tracks *BLEST ARE WE music CD 6, tracks 7–8</li> </ul>

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- Complete the **Chapter Review**, p. 95.
- Complete **Faith in Action** — Parish Ministry: Employment Assistance Programs, p. 96.
- Distribute the **Take Home Family Time** pages for the next chapter.

Chapter  
**8**

# Our Journey and God's Presence

### Learning Focus

This chapter will help the young people

1. learn how the Israelites, under Joshua's leadership, arrived and settled in the promised land.
2. understand that the Israelites would not have been able to conquer the promised land without God's help.
3. learn that constant prayer is important and will help us discern God's will for our lives.

### Faith Words

chosen people  
discernment

### Self-Evaluation

This session was

- one of the best
- pretty good
- in need of improvement

What worked out best was

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For next time I would change

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I will be sure to prepare for

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Teaching Steps	Materials	Multimedia Resources
<b>Share</b> 15 minutes (p. 99)		
 <ul style="list-style-type: none"> <li>• Briefly review the events of the Exodus.</li> <li>• Pray the Scripture verse.</li> <li>• Read the text and discuss personal experiences.</li> <li>• Complete the activity.</li> </ul> <p><b>Additional Activity</b></p> <ul style="list-style-type: none"> <li>• Discuss the beach rules sign.</li> </ul>	<ul style="list-style-type: none"> <li>• materials for Prayer Corner (p. 96C) or see <u>Prayer Corner</u></li> <li>• pens or pencils</li> </ul> <p><b>Additional Activity</b></p> <ul style="list-style-type: none"> <li>• paper or notebooks</li> </ul> <p><b>Activity Master 8a</b> See Catechist Guide, p. 96D.</p>	<p><b>Books</b></p> <ul style="list-style-type: none"> <li>• <i>Talking Walls: The Stories Continue</i> Margy Burns Knight (Tilbury House Publishers, 1996)</li> </ul>
<b>Hear &amp; Believe</b> 25 minutes (pp. 100–101)		
 <ul style="list-style-type: none"> <li>• Discuss the illustration.</li> <li>• Read and discuss the Scripture story.</li> <li>• Teach the doctrine in “Our Church Teaches.”</li> <li>• Discuss We Believe and review the Faith Words.</li> </ul> <p><b>Additional Activity</b></p> <ul style="list-style-type: none"> <li>• Act as reporters at the Jordan River.</li> </ul>	<ul style="list-style-type: none"> <li>• Bibles (at least one for every two young people)</li> </ul> <p><b>Additional Activity</b></p> <ul style="list-style-type: none"> <li>• note paper</li> </ul>	<p><b>Videos</b></p> <ul style="list-style-type: none"> <li>• <i>The Fall of Jericho</i> (30 min.) (“In the Beginning” series; CCC of America)</li> </ul>
<b>Respond</b> 20 minutes (pp. 102–104)		
 <ul style="list-style-type: none"> <li>• Discuss the photographs.</li> <li>• Read the text and discuss the psalm.</li> <li>• Do the activities.</li> <li>• Pray the Canticle of Zechariah.</li> </ul> <p><b>Additional Activity</b></p> <ul style="list-style-type: none"> <li>• Pray the Jesus Prayer.</li> </ul>	<ul style="list-style-type: none"> <li>• CD player</li> </ul> <p><b>Activity Master 8b</b> See Catechist Guide, p. 97.</p>	<p><b>Music</b></p> <ul style="list-style-type: none"> <li>• “Wade in the Water” (Unit 2 song, page 66) *BLEST ARE WE music CD 6, track 3 *BLEST ARE WE Song Book #29 *Gather Comprehensive II Hymnal #793</li> <li>• “Gospel Canticle” Ruth Duck *Gather Comprehensive II Hymnal #5</li> <li>• “Psalm 114” *Worship Hymnal (GIA)</li> <li>• “Joshua Fit the Battle of Jericho” African American spiritual</li> </ul>

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- Complete the **Chapter Review**, p. 105.
- Complete **Faith in Action** — Parish Ministry: RCIA Catechists, p. 106.
- Distribute the **Take Home Family Time** pages for the next chapter.