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Sacraments in the Church

The seven sacraments speak largely to our vocation as Christians. In Baptism we accept the calling of being a Christian. In Confirmation we are sealed in that calling. The Eucharist gives us the strength to live in Christ. Reconciliation helps us keep our path clear for living out our vocation. In the Sacrament of the Anointing of the Sick, through Jesus Christ, the Church heals our infirmities. Matrimony and Holy Orders are two ways we can live out this vocation. Receiving the sacraments helps us to be better Christians.

ACTIVITY ACTIVITY

Sacramental Signs God uses ordinary things such as bread, water, and oil in extraordinary ways. They transform our lives and communicate his love for us. Ask family members to share signs that communicate to them that they are loved.

WEEKLY PLANNER

On Sunday

Remember that the eucharistic celebration makes present the life, death, and Resurrection of Jesus Christ.

On the Web



Visit our Web site for the saint of the day and the reflection question of the week.

Saint of the Week



Saint Rose Philippine Duchesne (1769–1852)

Born in France, Rose eventually became a Missionary of the Sacred Heart and came to the United States. She opened the first free school for girls and founded six convents along the Mississippi River. Saint Rose died at St. Charles, Missouri, in 1852.

Patron Saint of: Diocese of Springfield-Cape Girardeau, Missouri

Feast Day: November 18





Dear God, your saving grace surrounds us. We remember Saint Rose's mission of spreading your grace to others. We are thankful for your love and grace that are shared in the sacraments. Amen.

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Scripture Background

In the Early Church

Corinth During the first century, many people passed through the city of Corinth in Greece. Merchants stopped at this busy seaport when traveling between Rome and Asia Minor. The city was well-known throughout the Mediterranean world as a commercial center. Unfortunately, Corinth was also known for its corruption and immorality. Paul took on the challenge of establishing a church in this prosperous city. After he left the city, Paul continued to guide the Christian community through his writings.

Read his letter in 1 Corinthians 12:12-26.

OUR CATHOLIC TRADITION in Music

One Body In Christ Receiving the Eucharist reawakens the love of Christ in us and makes us more loving toward others. In 1993, Irish Catholic composer Dana sang the song "We Are One Body" at the World Youth Day ceremonies in Denver, Colorado. She composed this song to remind the thousands of teens and young adults in attendance that we are "one Body in Christ."