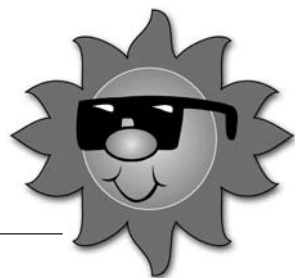


Positive Actions

Temptation is an attraction or pressure to think, say, or do what one knows to be sinful.
To overcome temptation, it helps to replace it with something positive.

Read the suggestions below. Add your responses on the lines below each.

- Pick good friends and spend time with them. List the names of friends who do creative and fun things.





- Identify some injustices you are aware of among your peers. Write an action that might resolve one of these issues.

- Seek advice and guidance from helpful adults you trust. To whom could you turn if you needed help?



- Think up creative things to do on your own. Write down a skill that you have or a skill that you would like to learn or develop.

- Be active in your parish community. What can you do with a group of young people in your parish?

